

## WELCOME

### Our Mission is to . . .

- Connect you to Jesus
- Connect you to His community for discipleship
- Connect you to your mission and purpose in life

**We are not here to tell you what to wear, eat, listen to, vote for, or even believe. These are things you must determine for yourself if you want to have real faith. We are here to give you truth, facts, tools and point out that every choice, every belief, and every action you make is tied to an outcome in your life. You can't do life without developing a strong foundation and becoming a person of substance. This is your journey, your discovery, and you will reap the benefit of the work you do.**

**FHNew** - Our mission as a church is to do everything we can to help you grow your faith. If you would like to get to know us a little better or begin or continue your journey of faith, speak to an elder or staff member or **contact Foothills** at **208-853-0011** and we will send you a link to a few short videos about Foothills Church. Or for more information, stop by the **Connection booth in the Atrium**.

**PRAYER REQUESTS**: Fill out a **Connect card** using the QR code on the screen or the actual card on the seat back in front of you. Place your prayer request in the ORANGE offering box in the back of the Sanctuary. You can also send a prayer request using this form: [Prayer Request - Foothills Church](#). The staff and volunteers pray over these weekly.

**FHBaptism** - One important step in your faith journey is being baptized. To learn more about baptism, speak to an elder or staff member or **contact Foothills** at **208-853-0011** and we will send you the teaching on Believers' Baptism.

---

## ONGOING/UPCOMING

- MomCo - [Foothills MomCo - Foothills Church \(churchcenter.com\)](#)
- Small Groups - [Foothills Church \(churchcenter.com\)](#)
- Bible Recap: Read through the Bible in a Year ([Linda Kraft - The Bible Recap - Foothills Church](#))

## INTRODUCTION: Interim Pastor Trent Renner -- THREE REASONS FOR PAIN

**Pain can be God-activated and/or self-triggered.** Let's learn to know the difference and how to act accordingly. The Book of Exodus and the 10 Plagues can be used to learn how God uses pain to draw us back to Him.

## MOTIVATIONS AND ORIGINS OF PAIN

- **TRAGEDY** — A disastrous event (unpreventable)
- **TEMPTATION**
  - **James 1:13-15 (NIV)** *When tempted, no one should say, “God is tempting me.” For God cannot be tempted by evil, nor does he tempt anyone; 14but each person is tempted when they are dragged away by their own evil desire and enticed. 15Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.*
- **MALEVOLENCE** — Intentional ill will, spite, or hatred (preventable)
  - **Isaiah 5:20 (NIV)** *Woe to those who call evil good and good evil, who put darkness for light and light for darkness, who put bitter for sweet and sweet for bitter.*

## 3 KINDS OF PAIN OR TRIALS AS ACRONYMS

- **Self-Inflicted Trial (SIT)**
- **Punishment Intended Trial (PIT)**
- **Maturity Anticipated Trial (MAT)**

### 1. SELF INFLICTED TRIAL (SIT)

- **God permissible w/ free choice**
  - **Jeremiah 7:19 (NIV)** - *But am I the One they are provoking? declares the LORD. Are they not rather harming themselves, to their own shame?*
- **Foolishness** is learning through the school of hard knocks -- **Good judgment** is the product of many poor judgments corrected
- **SOLUTION**
  - SIT down, reflect & ponder
  - *“All men’s miseries derive from not being able to sit in a quiet room alone.”* Blaise Pascal

### 2. MATURITY ANTICIPATED TRIAL (MAT)

- **Originated by God or self-chosen**
- **The spiritually mature “get” this the most (Gold, Sword, Diamond)**

- **James 1:2-4 (NIV)** *Consider it pure joy, my brothers and sisters, whenever you face trials of many kinds, 3 because you know that the testing of your faith produces perseverance. 4 Let perseverance finish its work so that you may be mature and complete, not lacking anything.*
- **1 Corinthians 10:13 (NLT)** *“The temptations in your life are no different from what others experience. And God is faithful. He will not allow the temptation to be more than you can stand. When you are tempted, he will show you a way out so that you can endure.”*

- **SOLUTION**

- Get on your ‘prayer mat’, trust in God, persevere faithfully

### 3. PUNISHMENT INTENDED TRIAL (PIT)

- **Self & God Caused Pain - Double-Whammy** — “Discipline”
- **If God knows He is about to lose you, He will be desperate to detour you -- If you are in a PIT, stop digging deeper**
  - **Revelation 3:19** *“I correct and discipline everyone I love. So be diligent and turn from your indifference.”*
  - **1 John 1:9** *“But if we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all wickedness.”*

- **SOLUTION**

- Stop digging
- Humbly ask for help
- Repent
- Rise UP! OTHERS ARE NEEDED!